



ST. MICHAEL'S

Church of England Primary School



Autumn/Winter

Week 1

Monday

Chicken in Tomato & Basil Sauce
Vegeballs in Tomato Sauce (v)
Pasta Spirals
Garlic Bread slice
Mixed Salad Bar
Homemade Banana &
Cranberry Flapjack



Tuesday

Butchers Pork Sausage
with Onion Gravy
Vegetarian Sausage (v)
Potato Waffle
Baked Beans
Apple & Mixed Berry Oaty
Crumble with Custard



Wednesday

Roast Chicken Fillet
BBQ Quorn Fillet (v)
Roast Potatoes,
Yorkshire Pudding & Gravy
Seasonal Vegetables
Pineapple Upside Down Sponge
with Cream



Thursday

Sweet and Sour Turkey
Sweet and Sour Tofu (v)
Egg Noodles
Crunchy Stir-fried Vegetables
Winter Berry Trifle

Friday

Jumbo Fish Finger
Quorn Dippers (v)
Chunky Chips
Garden Peas
Carrot Cake



Available Daily
Fresh Fruit, Yoghurt,
Salad Bar, Water &
Milk



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Week 2

Monday



Breaded Chicken Burger
in a Wholemeal Bap
Crispy Vegetable Burger (v)
Mixed Salad Bar
Homemade Coleslaw
Cranberry Krispie Cake

Tuesday



Minced Beef & Onion Pie
with Puff Pastry Lid
Quorn Mince & Vegetable Pie (v)
Mashed Potato
Peas & Carrots
Golden Syrup Sponge & Custard

Wednesday



Roast Pork & Gravy
Leek & Cheese Sausa
Roast Potatoes
Yorkshire Pudding
Seasonal Vegetables
Raspberry and Chocolate Brownie

Thursday



Creamy Beef Lasagne
Mushroom Cannelloni (v)
Garlic Bread Slice
Mixed Salad Bar
Pancake with Blueberries
& Squirty Cream

Friday



Chicken Goujons
Crispy Veggie Bites (v)
Chunky Chips
Baked Beans
Sticky Toffee & Date Pudding
with Custard



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Fresh Fruit, Yoghurt,
Salad Bar, Water &
Milk



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Week 3

Monday



Beef Burger with Cheese in a Wholemeal Bun
Southern Style Quorn Burger(v)
Homemade Coleslaw
Mixed Salad Bar
Fresh Melon & Pineapple Platter



Tuesday



Mild Chicken Korma
Sweet Potato & Pea Korma (v)
Basmati Rice
Naan Bread
Cucumber, Mint & Yoghurt Raita
Apple & Apricot Oaty Crumble with Custard

Thursday

Pulled BBQ Pork
Vegetable Egg Frittata (v)
Mini Corn Cobs
Oven Baked Wedges
Greek Yoghurt with
Homemade Fruity Oat Granola



Wednesday



Roast Turkey & Gravy
Rosemary & Onion Sausages (v)
Roast Potatoes,
Yorkshire Pudding
Seasonal Vegetables
Jam Sponge & Custard

Friday

Crispy Fish Nuggets
Fishless Fingers (v)
Chunky Chips
Sweetcorn
Banana Mousse



Available Daily
Fresh Fruit, Yoghurt,
Salad Bar, Water &
Milk